

A woman with short dark hair, wearing a black long-sleeved dress with a white side panel, a white necklace, and black high-heeled shoes, stands in a modern building with large windows. The background is a dark purple gradient with a pattern of golden dots in the top left corner.

*Allowing*  
**GOD**

TO CHANGE YOUR LIFESTYLE

---

BY THABISILE PHUMO



# TABLE OF CONTENTS

- Introduction
- Different lifestyles
- Understanding His lifestyle
- Making the choice
- Learning as you live



*Allowing*  
**GOD**  
TO CHANGE YOUR LIFESTYLE

# — INTRODUCTION —

**W**e all aspire to be guided and led by God. With our best intentions, we call upon Him to walk with us and regularly proclaim our wish for “His will to be done.”

The real test however is allowing God to take the driver's seat and becoming a passenger who obediently participates through His chosen terrains. These terrains come through all seasons as outlined in Ecclesiastes 3. We struggle because we want a God of good times, good health, abundance and not the God who allows us to go through valleys of darkness or to be enslaved in emotional, spiritual and sometimes physical Egypt.

I did not get the chance to allow God to change my lifestyle, I woke up one morning like Job to find loss so devastating I had simply had no choice. To this day, I am grateful that I am still alive and managed through acceptance to hand over the reigns to Him. It was accidentally but the beginning of a journey for me to understand God, interrogate the reasons for the collapse of my lifestyle and begin to allow him to change my lifestyle.

I am therefore hoping that you will join me as I journal with you through what I believe has been and continues to be my road map of faith.

In this journey I had to surrender like Abraham in Genesis 12:1; “The Lord had said to Abram, “Go from your country, your people and your father’s household to the land I will show you.”

I am grateful to Dr Nomasonto Magobe for the opportunity to share my journey.



## CONTACT US

---

**Editor:** Nthato Nxumalo

**Designer:** Veracity Designz (083 879 3095)

**Project Manager:** Dudu Simkhumba

**Connect with us:** [www.inspiredconnect.net](http://www.inspiredconnect.net)  
or Facebook: Inspired T © 2018

*Allowing*  
**GOD**  
TO CHANGE YOUR LIFESTYLE